

# HOUSE CLASSIC COMFORT- RENAL

**BREAKFAST:** 7 A.M. – 10 A.M. **LUNCH:** 11 A.M. – 2 P.M. **DINNER:** 4 P.M. – 7:30 P.M.

## MONDAY

Breakfast: French toast (V), fresh pear (P)(GS), cereal with milk (V)  
Lunch: Cranberry almond chicken salad, spinach salad with onion and oil and vinegar (P)(GS), fresh pepper couscous (P)  
Dinner: Southwestern salad (GS), grilled flatbread (P), lemon bar (V)

## TUESDAY

Breakfast: Scrambled eggs (V)(GS), oatmeal with brown sugar (P)(GS), apple grape cup (P)(GS), turkey sausage (GS)  
Lunch: Prime rib sandwich (half), diced peaches (P)(GS), house side salad with oil and vinegar (P)(GS), chicken and wild rice soup (GS), chocolate chip cookie (V)  
Dinner: Lemon rosemary chicken (GS), buttered egg noodles (V), seasonal vegetable (P)(GS), peach pie (V)

## WEDNESDAY

Breakfast: Scrambled eggs (V)(GS), apple grape cup (P)(GS), French toast (V), cereal with milk (V)  
Lunch: Pulled pork sandwich, vinegar slaw (P)(GS), fresh pear (P)(GS)  
Dinner: Grilled Chicken, Buttered Noodles, California vegetable blend, dinner roll, oatmeal raisin cookie

## THURSDAY

Breakfast: French toast (V), scrambled egg whites (V)(GS), apple grape cup (P)(GS)  
Lunch: Deluxe hamburger, house salad with oil and vinegar (P)(GS), diced peaches (P)(GS)  
Dinner: Roasted turkey (GS), steamed baby carrots (P)(GS), buttered egg noodles (V), dinner roll (V), orange sherbet (V)(GS)

## FRIDAY

Breakfast: French toast (V), turkey sausage (GS), apple grape cup (P)(GS), hard-boiled egg (V)(GS)  
Lunch: Grilled chicken sandwich, honey wheat pretzels (V), pasta salad (P)  
Dinner: Potato-crust cod, brown rice (P)(GS), California vegetable blend (P)(GS), orange sherbet (V)(GS)

## SATURDAY

Breakfast: Breakfast burrito (V), cereal with milk (V)  
Lunch: Chicken salad platter (chicken salad, flatbread, apple grape cup), house salad with oil and vinegar (P)(GS), chocolate chip cookie (V)  
Dinner: Pulled pork (GS), collard greens (V)(GS), California blend vegetables (P)(GS), apple pie (V)

## SUNDAY

Breakfast: Scrambled eggs (V)(GS), turkey sausage (GS), cinnamon roll (V), apple grape cup (P)(GS)  
Lunch: Buckeye club, honey wheat pretzels (V), house side salad with oil and vinegar (P)(GS)  
Dinner: Pot roast with beef gravy (GS), steamed baby carrots (P)(GS), buttered egg noodles (V), cherry pie (V)



**THE OHIO STATE UNIVERSITY**

WEXNER MEDICAL CENTER