

Puree Chef Special (Dysphagia 1/Puree)

Monday

Breakfast: Pureed omelet, pureed sausage, light yogurt

Lunch: Pureed chicken with gravy, mashed potatoes, pureed broccoli, pureed potato shallot soup

Dinner: Pureed beef with gravy, mashed potatoes, pureed carrots, sherbet

Tuesday

Breakfast: Pureed peach French toast, pureed sausage, seasonal protein smoothie

Lunch: Pureed beef with gravy, pureed carrots, applesauce, cream of chicken soup

Dinner: Pureed chicken with gravy, garlic mashed potatoes, pureed broccoli, frozen custard

Wednesday

Breakfast: Pureed omelet, Cream of Wheat®, pureed mixed berries

Lunch: Pureed chicken with gravy, pureed peas, mashed sweet potatoes, pureed Italian wedding soup

Dinner: Pureed turkey with gravy, mashed potatoes, pureed broccoli, pudding

Thursday

Breakfast: Pureed waffle, pureed omelet, pureed sausage, Greek yogurt, applesauce

Lunch: Pureed beef with gravy, mashed sweet potatoes, pureed green beans, applesauce, pureed Italian sausage soup

Dinner: Pureed chicken with gravy, mashed potatoes, pureed carrots, sherbet

Friday

Breakfast: Pureed omelet, pureed sausage, Cream of Wheat, light yogurt

Lunch: Pureed chicken with BBQ sauce, pureed green beans, mashed sweet potatoes, pureed poblano black bean soup

Dinner: Pureed beef with gravy, mashed potatoes, pureed broccoli, peanut butter whip

Saturday

Breakfast: Pureed omelet, pureed peach French toast, applesauce

Lunch: Pureed chicken with gravy, pureed peas, pureed mixed berries, pureed broccoli cheddar soup

Dinner: Pureed beef with gravy, mashed potatoes, pureed green beans, sherbet

Sunday

Breakfast: Pureed waffle, pureed sausage, Cream of Wheat, Greek yogurt

Lunch: Pureed turkey with gravy, pureed broccoli, mashed sweet potatoes, pureed peaches, pureed tomato basil soup

Dinner: Pureed beef with gravy, pureed green beans, mashed potatoes, frozen custard



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