## Chef Specials University Hospital East

Breakfast: 7 a.m. – 10 a.m. Lunch: 11 a.m. – 2 p.m. Dinner: 4 p.m. – 7:30 p.m.

Monday

Breakfast: French Toast Ø, Hardwood Smoked Bacon , Light & Fit® Yogurt Ø

**Lunch:** Chicken Quesadilla, Spinach Salad with Tomato, Onion and Ranch Dressing ♥ ,

Poblano Black Bean Soup 269

**Dinner:** Pasta and Meatballs, California Blend Vegetables **᠑**, Lemon Bar ♥

Tuesday

Breakfast: Scrambled Eggs ♥®, Biscuits and Sausage Gravy, Red Grapes and Sliced Apples 🖭

**Lunch:** Prime Rib Sandwich, House Side Salad with Ranch Dressing ♥, Chicken and Wild Rice Soup <sup>®</sup>

**Dinner:** Lemon Rosemary Chicken <sup>(a)</sup>, Garlic Mashed Potatoes <sup>(a)</sup>, Seasonal Vegetable <sup>(a)</sup>,

Peach Pie Ø

Wednesday

**Breakfast:** Cheddar Cheese Egg White Omelet ♥®, Hardwood Smoked Bacon ®, Breakfast Potatoes 😉 ®,

Cereal with Milk ®®

**Lunch:** BBQ Pulled Pork Sandwich, Vinegar Slaw (269), Italian Wedding Soup

**Dinner:** Chicken Noodles over Mashed Potato, Dinner Roll ♥, California Blend Vegetables �� , Brownie

Thursday

**Breakfast:** Hash Brown Casserole ♥®, Scrambled Eggs ♥®, Turkey Sausage ®, Tropical Fruit Cup �®,

Greek Yogurt ♥®

Lunch: Deluxe Cheeseburger, Spring Mix Salad with Balsamic Vinaigrette (26), Italian Sausage Soup (69)

**Dinner:** Roasted Turkey <sup>(S)</sup>, Mashed Potatoes <sup>(M)</sup>, Steamed Carrots <sup>(S)</sup>, Chocolate Cake <sup>(M)</sup>

Friday

Breakfast: Western Omelet ⊚, Seasonal Muffin Ø, Red Grapes and Sliced Apples ఄ ⊚

**Lunch:** Fire-Braised Chicken sandwich with Honey Mustard, Pasta Salad, Broccoli Cheddar Soup ♥ **Dinner:** Meatloaf ⊚, Macaroni and Cheese ♥, Steamed Broccoli ♀ 
©, Chocolate and Peanut Butter

Whoopie Pie V

Saturday

**Breakfast:** Cheesy Scrambled Eggs ♥®, Hardwood Smoked Bacon ®, Breakfast Potatoes 🔊 ®,

Oatmeal Seasonal Muffin

**Lunch:** Chicken Salad, Flatbread, Mixed Fresh Fruit, Greek Salad with Italian Dressing (2) (9),

Potato Shallot Soup & (s)

**Dinner:** Pulled Pork with BBQ Gravy <sup>®</sup>, Corn Bread <sup>®</sup>, Collard Greens <sup>®</sup>, Apple Pie <sup>®</sup>

Sunday

**Breakfast:** Scrambled Eggs ♥®, Turkey Sausage ®, Cinnamon Roll ♥, Red Grapes and Sliced

Apples (2) (s)

Lunch: Buckeye Club, Caesar Side Salad with Caesar Dressing, Tomato Basil Soup

**Dinner:** Pot Roast with Beef Gravy , Steamed Carrots , Roasted Redskin Potatoes , Cherry

Pie 🏻



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