

# Puree Chef Special (Dysphagia 1/Puree) East Hospital

## Monday

**Breakfast:** Pureed omelet, pureed sausage, light yogurt

**Lunch:** Pureed chicken with gravy, mashed potatoes, pureed broccoli, pureed potato shallot soup

**Dinner:** Pureed beef with gravy, mashed potatoes, pureed carrots, sherbet

## Tuesday

**Breakfast:** Pureed peach French toast, pureed sausage, seasonal protein smoothie

**Lunch:** Pureed beef with gravy, pureed carrots, applesauce, cream of chicken soup

**Dinner:** Pureed chicken with gravy, garlic mashed potatoes, pureed broccoli, frozen custard

## Wednesday

**Breakfast:** Pureed omelet, Cream of Wheat®, pureed mixed berries

**Lunch:** Pureed chicken with gravy, pureed peas, mashed sweet potatoes, pureed Italian wedding soup

**Dinner:** Pureed turkey with gravy, mashed potatoes, pureed broccoli, pudding

## Thursday

**Breakfast:** Pureed waffle, pureed omelet, pureed sausage, Greek yogurt, applesauce

**Lunch:** Pureed beef with gravy, mashed sweet potatoes, pureed green beans, applesauce, pureed Italian sausage soup

**Dinner:** Pureed chicken with gravy, mashed potatoes, pureed carrots, sherbet

## Friday

**Breakfast:** Pureed omelet, pureed sausage, Cream of Wheat, light yogurt

**Lunch:** Pureed chicken with BBQ sauce, pureed green beans, mashed sweet potatoes, pureed poblano black bean soup

**Dinner:** Pureed beef with gravy, mashed potatoes, pureed broccoli, peanut butter whip

## Saturday

**Breakfast:** Pureed omelet, pureed peach French toast, applesauce

**Lunch:** Pureed chicken with gravy, pureed peas, pureed mixed berries, pureed broccoli cheddar soup

**Dinner:** Pureed beef with gravy, mashed potatoes, pureed green beans, sherbet

## Sunday

**Breakfast:** Pureed waffle, pureed sausage, Cream of Wheat, Greek yogurt

**Lunch:** Pureed turkey with gravy, pureed broccoli, mashed sweet potatoes, pureed peaches, pureed tomato basil soup

**Dinner:** Pureed beef with gravy, pureed green beans, mashed potatoes, frozen custard

*Order your meals with your MyChart Bedside tablet or with your server. You can also leave a voice message by calling extension 7-3185.*



**THE OHIO STATE UNIVERSITY**

WEXNER MEDICAL CENTER