

## Ohio State Wexner Medical Center Allergy and Sinus Center

Certain medicines and poorly controlled asthma can prevent us from testing for allergies in the office. If you have questions or are concerned about stopping any of your medications, please contact our office at 614-366-3926. Our goal is to help you feel better!

**DO NOT STOP your ASTHMA MEDICATIONS.**

**PLEASE STOP THE FOLLOWING MEDICINES 7 DAYS BEFORE YOUR VISIT:**

**Note: These include all over-the-counter allergy or sleep and many cold/flu medications.**

### **Pills:**

Allegra	Dramamine	Simply Sleep
Antivert	Fexofenadine	Sominex
Atarax	Hydroxyzine	Tavist
Benadryl	Ketotifen	TranQuil
Brompheniramine	Levocetirizine	Trimeprazine
Carbinoxamine	Loratadine	Tripelennamine
Cetirizine	Meclizine	Triprolidine
Chlorpheniramine	Methdilazine	Tussicaps
Clarinet	NyQuil	Unisom
Claritin	Periactin	Vicks Nighttime
Clemastine	Phenergan	Vistaril
Cyproheptadine	Pheniramine	Xyzal
Desloratadine	Phenyltoloxamin	Zaditor
Dimenhydrinamine	Promethazine	Zyrtec
Diphenhydramine	Pyrilamine	ZzzQuil
Doxylamine	Robitussin Nighttime	

### **Nose sprays:**

Azelastine	Astepro	Patanase
Astelin	Olapatadine	

### **Eye drops:**

Alamast	Elestat	Optivar
Alaway	Ketotifen	Patanol
Alcaftadine	Lastacaft	Pataday
Azelastine	Levocabastine	Pazeo
Bepotastine	Livostin	Visine-A
Bepreve	Naphcon A	Zaditor
Claritin	Olopatadine	Zyrtec
Epinastine	Opcon-A	

**Of note:** Certain types of anti-nausea, mood and anxiety medications may interfere with testing. **We do not recommend stopping these medicines without discussing with your prescribing physician first and we can discuss this on a case by case basis at your visit.**

These include: doxepin(Sinequan), amitriptyline(Elavil), nortriptyline(Pamelor), ipipramine(Tofranil), chlorpromazine(Thorazine), fluphenazine, perphenazine, prochlorperazine(Compazine), promethazine(Phenergan), thiodazine, clozapine(Clozaril), alprazolam(Xanax), diazepam(Valium), quetiapine(Seroquel), mirtazipine(Remeron), olanzapine(Zyprexa), and clonzapine(Clozaril).

## **OK TO TAKE BEFORE ALLERGY SKIN TESTING:**

### **Pills that are OK to take before allergy skin testing:**

Accolate	Singulair
Dextromethorphan cough drops	Sudafed*
Guaifenesin	Sudafed PE*
Montelukast	Zafirlukast
Mucinex (plain)	Zileuten
Mucinex D*	Zyflo
Pseudoephedrine*	
Phenylephrine*	

\*These medications are NOT recommended for patients with high blood pressure or heart problems.

Short term and/or low dose prednisone or other systemic steroids may also be ok.

### **Eye Drops that are OK to take before allergy skin testing:**

Acular  
Artificial tears  
Lotemax  
Ocufen  
Visine (not Visine-A)  
Voltaren

### **Nose Sprays that are OK to take before allergy skin testing:**

Afrin	Mometasone	Oxymetazoline
Budesonide	Nasacort	Rhinocort
Ciclesonide	Nasonex	Triamcinolone
Flonase	Omnaris	Veramyst

Questions? Please visit our website for further information (add URL) or contact our office at 614-366-3926