

TECHNICAL STANDARDS FOR ATHLETIC TRAINING STUDENTS

The Ohio State University
School of Health & Rehabilitation Sciences
Athletic Training Division

Certified Athletic Trainers are healthcare professionals who provide services that include risk mitigation, injury prevention, assessment, diagnosis, therapeutic intervention and referral for patients and clients in a variety of settings and situations. The Division of Athletic Training at The Ohio State University offers a professional educational program in athletic training leading to eligibility for certification and licensure to practice. This program is rigorous and intense and places specific requirements and demands on the students enrolled in the program. Athletic Trainers and Athletic Training Students must possess certain mental, physical, and other abilities that are essential in providing care and services for their patients and clients.

The technical standards set forth in this document by the Division of Athletic Training establish the essential functional requirements that are necessary for enrolled students to acquire the knowledge, skills, competencies and values of an entry-level Certified Athletic Trainer. They are also required to meet the expectations of the program's accrediting agency (Commission on Accreditation of Athletic Training Education [CAATE]).

The following essential functional requirements must be met by all students in order to enroll in or complete the Bachelor of Science in Athletic Training degree program. In the event that a student is unable, or becomes unable to fulfill these technical standards with or without reasonable accommodation, the student can not enroll or remain enrolled in the program. For a fuller description of these standards including examples of tasks students must be able to perform, contact the program at AT@osumc.edu or visit the program's website at <http://go.osu.edu/athletictraining>.

Athletic Training students must demonstrate:

1. ...the ability to perform appropriate, effective and complete physical examinations and therapeutic interventions including the safe and efficient use of equipment and materials; this includes, but is not limited to the ability to convey and set-up equipment for clinical or on-field use, to reach in a timely fashion injured patients who are down on athletic fields, to assess their condition where they lie, to perform appropriate emergency procedures, to fully participate in patient extrication and transport, to perform appropriate therapeutic and prophylactic interventions, and to demonstrate rehabilitative exercises;
2. ...the ability to communicate effectively and sensitively with patients, clients, and colleagues, including individuals from different cultural and social backgrounds and during stressful and emergency situations; this includes, but is not limited to the ability to establish rapport and communicate judgments and treatment information effectively. Students must be able to understand and speak the English language at a level consistent with competent professional practice;
3. ...the ability to record physical examination results, treatment plans, patient notes and outcomes clearly and accurately using both paper and electronic health records;
4. ...the ability to assimilate, analyze, synthesize, integrate concepts and problem solve that form the basis for making risk assessments, diagnoses, therapeutic judgments, and distinguishing deviations from the norm;
5. ...the ability to maintain composure and continue to function well during emergency situations and periods of high stress;
6. ...the ability to adjust to changing situations and uncertainty in clinical situations;
7. ...the ability to develop professional values, ethics, appropriate demeanor and rapport that are essential for professional education and quality patient care.

ADMITTED STUDENT STATEMENT:

Check **only one** of the boxes below and sign where indicated:

- I certify that I have read and understand these *Technical Standards for Athletic Training Students*, and I believe to the best of my knowledge that **I meet each of these standards without accommodation**. I also understand that if I am unable or become unable to meet these standards, even with accommodation, that I cannot enroll or remain enrolled in the Athletic Training Education Program.
- I certify that I have read and understand these *Technical Standards for Athletic Training Students*, and I believe to the best of my knowledge that **I can meet each of these standards with accommodations**. I will contact the Office for Disability Services to have my need for accommodation validated (098 Baker Hall, 113 W. 12th Ave., Columbus, OH 43210; 614-292-3307). I will work with both ODS and the Athletic Training Division to examine accommodation options. I understand that in some cases accommodation might not be possible. I also understand that if I am unable or become unable to meet these technical standards, even with accommodation, I cannot enroll or remain enrolled in the Athletic Training Education Program.

Signature of Student

Date