

The Ohio State University
College of Medicine

Aging Minor- Revised

School of Health and Rehabilitation Sciences

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<https://hrs.osu.edu/academics/minor-programs>

The study of aging is an interprofessional field focusing on the health and well-being of older adults and their families. According to the US Bureau of the Census, older adults (persons 65 years or older) numbered 47.8 million in 2015. They represented 14.9% of the U.S. population, about one in every seven Americans. By 2060, there will be about 98.2 million older persons. The 65+ population is expected to grow to be 25% of the population by 2060.

This minor prepares undergraduate students to pursue graduate and workforce opportunities in fields with an aging focus, such as medicine, health and rehabilitation sciences, nursing, psychology, social work, policy, speech and hearing, and geriatrics. The objectives for this minor are for graduates to: 1) recognize and value the interprofessional nature of aging; and 2) apply knowledge to future occupations with older adults.

The minor in aging requires a minimum of **12** credit hours. All students must take HTHRHSC 4600S, Health after Mid-Life, and at least two courses chosen from the Core Courses, and at least one additional courses listed, for a total of at least 12 credit hours.

Once the aging minor program coordinator (or the coordinator's designee) has approved the Minor Program Form, you should file the form with your college or school counselor.

**Some courses in this minor may have pre-requisites. Please consult the course bulletin before enrolling in courses.*

Required Courses (Take 1 out of the 2 courses)

HTHRHSC 4600 Health after Mid-Life (3) **OR**
HTHRHSC 3500 Critical Phases of Life (3)

Core Courses (Take 2 out of the 6 courses)

1. HDFS 2400 Principles of Human Development (3)
2. HDFS 5430 Adult Development and Aging (3)
3. HTHRHSC 5600 Global Aging (3)
4. PSYCH 3340 Introduction to Lifespan Developmental Psychology (3)
5. PSYCH 4552 Psychology of Adult Years (3)
6. SOCWORK 5009 Family Caregiving: Contemporary Issues, Programs, and Policies (3)

Additional Courses

ESWDE 5672 Lifelong Learning in the Adult Years (3)
HTHRHSC 5610 Death, Loss, and Grief in Multiple Perspectives (2)
HTHRHSC 5620 Aging, Accessibility, and Design (3)
HTHRHSC 5650 Aging and Public Policy Issues (3)
HTHRHSC 5660 Long Term Care Services Across the Continuum (4)
HUMNNTR 3506 Nutrition across the Life Span (3)
NRSADVN 3111 Palliative and End of Life Care (3)
PSYCH 4597.01 Contemporary World: Aging, Health, and Psychological Functioning in the Modern World (3)
SOCWORK 5011 Loss and Grief: A Social Work Practice Perspective (2)
SPHHRNG 3350 Speech-Language Communication across the Life Span: Issues and Problems in our Communities (3)

Aging minor program guidelines

Credit hours required: A minimum of 12 credit hrs.

Transfer and exam credit hours allowed: A student is permitted to count up to 6 total hours of transfer credit and/or credit by examination.

Overlap with general education (GE): A student is permitted to overlap up to 6 credit hours between the GE and the minor

Overlap with the major and additional minor(s):

- The minor must be in a different subject than the major.
- The minor must contain a minimum of 12 hours distinct from the major and/or additional minor(s).

Grades required:

- Minimum C- for a course to be listed on the minor.
- Minimum 2.00 cumulative point-hour ratio required for the minor.
- Course work graded Pass/Non-Pass cannot count on the minor.
- No more than 3 credit hours of coursework graded Satisfactory/Unsatisfactory may count toward the minor.

Independent study credits: No more than 3 credit hours.

Minor approval: The minor course work must be approved by the minor coordinator (or the coordinator's designee).

Filing the minor program form: The minor program form must be filed by the beginning of the junior year.

Changing the minor: Once the minor program is filed in the college office, any changes must be approved by the minor coordinator (or the coordinator's designee).