Lauren Pacho, PT, DPT, NCS, CSCS

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Education and Training

The Ohio State University

School of Health and Rehabilitation Sciences, Columbus, OH *PhD in Health and Rehabilitation Science, Neuroscience Minor*

Graduate Student Fellow

Adviser: Dr. D. Michele Basso, EdD, PT

<u>University of Florida</u>

August 2012 - April 2015

College of Public Health and Health Professions

Gainesville, FL

Doctor of Physical Therapy

NeuroRecovery Training Institute

January 2016- February 2017

University of Florida Health Shands Rehabilitation Hospital

Gainesville, FL

Neurologic Physical Therapy Resident

The George Washington University

August 2009 - May 2012

Elliott School of International Affairs

Washington, D.C.

Bachelor of Arts, International Affairs concentrating in European and Eurasian Studies, Minors in History and Music

Board Certification

American Board of Physical Therapy Specialties Neurologic Clinical Specialist

June 2017

Licensure

Florida #PT30325

Ohio, in process

Clinical Positions

Lead Physical Therapist

UF Health Shands Rehabilitation Hospital

Spinal Cord Injury Specialty Team

- Member of an interdisciplinary team working with patients primarily with spinal cord injury and other neurologic disorders
- Clinical Instructor

University of Florida Doctor of Physical Therapy Program

Clinician Mentor

Pro Bono Locomotor Training Clinic

October 2015 - Present

June 2015 - April 2017

- Developed a pro bono locomotor training program in collaboration with the University of Florida DPT Program
- Mentored groups of UF students focusing on recovery gait following incomplete spinal cord injuries and CVA



August 2017-Present



Clinical Lab Instructor October 2015-November 2016

Principles of Disease, University of Florida Doctor of Physical Therapy Program

Oversaw DPT students in simulated acute care labs to progress patient handling and critical thinking skills

Research Positions

The Ohio State University

April 2017 - August 2017

Research Assistant, School of Health and Rehabilitation Sciences

Center for Brain and Spinal Cord Repair

PI: Dr. D. Michelle Basso, PT, EdD

University of Florida

October 2012 - August 2013

Research Assistant, College of Medicine Department of Pediatrics

PI: Dr. Marilyn Dumont Driscoll, MD, PhD

Awards

University Fellowship

August 2017

The Ohio State University Graduate School

Rick Shutes Award for Legislative Advocacy

September 2016

Travel Awards

- Key Contact Legislative Fly-In, American Physical Therapy Association, 2 years
- Key Contact Legislative Fly-In and Advocacy Workshop, Private Practice Section of the American Physical Therapy Association
- Federal Advocacy Forum, Florida Physical Therapy Association, 2 years
- State Payment and Policy Forum, Florida Physical Therapy Association
- State Advocacy Days, Florida Physical Therapy Association, 4 years
- State Payment and Policy Forum, Florida Physical Therapy Association
- National Student Conclave, Florida Physical Therapy Association

Professional Involvement

American Physical Therapy Association

November 2011 - Present

Positions

• Federal Affairs Liaison to Florida, 2 terms

May 2015 - March 2017

Key Contact to Senators Marco Rubio and Bill Nelson, inaugural Key Contact program

September 2014 - March 2017

Section Membership

Neurology Section, member

2011 - present

Education Section, member

2015 - present 2016 - present

Research Section, memberPrivate Practice Section, member

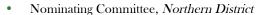
2012 - 2016

Florida Physical Therapy Association

- Strategic Planning Committee with focus on the Advocacy Pillar
- Athletic Trainer Legislation Taskforce

November 2011 - March 2017

[&]quot;For exceptional service in governmental advocacy on behalf of the Florida Physical Therapy Association"



• Assembly Representative, Northern District

Ohio Physical Therapy Association

January 2017 - present

Abstract Reviewer, OPTA Scientific Symposium

American Society of Neurorehabilitation

Member January 2016 - present

Presentations

Push Nation Festival 2016 Presenter

April 2016

"Keep Pushing: Navigating the Healthcare System for neurologic rehabilitation and optimal performance"

Invited speaker at inaugural Push Nation Festival to educate the paralysis community on navigating healthcare and advocacy

Continuing Education Presentations, UF Health Shands Hospital

•	"The Politics of Rehabilitation: What's ahead for Rehab Policy, Payment, and Legislation"	October 2015
•	"Everything you forgot regarding Spinal Cord Injury: Integrating Evidence Based Practice in SCI Rehabilitation"	November 2015
•	"Wheelchair Mobility, Seating, and Positioning"	December 2016
•	"Advanced Pathological Gait Assessment and Orthotic Prescription"	March 2017

Guest Lecturer

"]	Introduction to Physical Therapy Advocacy: Your Role as a DPT Student and Emerging Professional"	October 2016
•	Professional Issues I, University of Florida Doctor of Physical Therapy Program	

"Autoimmune-Mediated Neuromuscular Disorders"

February 2017

• Neurorehabilitation II, University of Florida Doctor of Physical Therapy Program

Combined Sections Meeting, American Physical Therapy Association

February 2015

"Dual Task Performance as an Indicator of Falls Self-Efficacy in Older Adults"

• Poster presentation for the Academy of Geriatric Physical Therapy

Certifications

National Strength and Conditioning Association

August 2012 - Present

Certified Strength and Conditioning Specialist