



The Ohio State University Upper Extremity Athlete Fellowship Program

The fellowship is a 12-month program where the fellow will work in an outpatient sports medicine clinic, division I athletic training room, and professional baseball (MLB) complex as well as covering AAA games. During the program, the fellow will be exposed to a wide variety of clinical and professional development experiences.

A typical week during the first 5 months of the program is below:

1. Patient Care: 32 hours per week (30 hours non-mentored, 2 hours mentored)
2. Didactic Learning: 1-2 hours per week
3. Ohio State University Athletic Training Room Coverage: 6 hours per week

A typical week during the Columbus Clippers Season (Home Series):

1. Patient Care: 15 hours per week (mentoring as needed)
2. Didactic Learning: 1 hour per week
3. AAA training room and game coverage: 50 hours per week

A typical week during the Columbus Clippers Season (Away Series-Fellow Not Traveling):

1. Patient Care: 38 hours per week (36 non-mentored, 2 hours mentored)
2. Didactic Learning: 1-2 hours per week

Additional Opportunities:

1. Physician Shadowing: The host clinic for the fellow is located in the same building as many of our sports medicine physicians. Physician shadowing opportunities (clinic and surgery) based on desired amount by fellow.
2. Surgical Skills Lab Observation:
 - a. Link:
3. Teaching: The fellow will give numerous lectures and presentations to a variety of audiences (i.e. fellowship faculty, DPT students, orthopedic and sports residents and faculty)
4. Continuing Education Conferences: The fellow is encouraged to attend conferences during their time in the program to further their knowledge and skills of treating overhead athletes. Examples of courses attended by former fellows are: ASMI, PBATS, and Game Changing Concepts (NY)
5. Research: The fellow is not required to complete a formal research project but opportunities are available for the fellow to get involved in projects. The fellow is strongly encouraged to hone his/her skills in critiquing and applying literature appropriately.