

**Example Upper Extremity Fellowship Didactic Schedule**

<b>Date</b>	<b>Topic</b>	<b>Presenter</b>	<b>Time</b>
9/19/2023	Welcome to Fellowship AND Emotional Intelligence	Staff/Dewitt	830am
9/25/2023	Guest Lecture-Former MLB PT		830am
9/26/2023	UE Rehab Philosophy	Fellow	830am
10/3/2023	Throwers Shoulder/Elbow Exam Concepts	Hock and Fellow	830am
10/10/2023	Rotator Cuff (Op and Non Op)	Horgan	830am
10/17/2023	Bicep/Labral Pathology	Mosier	830am
10/24/2023	Large Muscle Injuries (Pec/Lat/Distal Bicep/Tricep Repairs)	Fellow	830am
10/26/2023	UEAF Collaborative Meeting		1p EST
11/7/2023	Aging Athlete/TSA and rTSA	Horgan	830am
11/14/2023	UE Nerve Injuries	Deleandro	830am
11/16/2023	UEAF Collaborative Meeting		1p EST
11/20/2023	TOS	Dr. Moore	8-10a
11/28/2023	UCLr/UCL repair	Domzalski	830am
11/30/2023	UEAF Collaborative Meeting		1p EST
12/5/2023	Other Elbow	Deleandro	830am
12/8/2023	UE Surgery (Surgery Technique, Rehab)	Dr. C and Dr. Rauck	130p-230p
12/14/2023	UEAF Collaborative Meeting		1p EST
12/19/2023	Throwing Program Comparison	Fellow	TBD
12/26/2023	No meeting		
1/2/2024	Hitting Progression/Hamstring/Pediatric Shoulder and Elbow	Monti	9am-1p
1/8/2024	Residency Monday Series	Domzalski	7am-9am
1/9/2024	Throwing program/post throw routines	Hock/Fellow + Hallock	830a
1/11/2024	UEAF Collaborative Meeting		1p EST
1/16/2024	UCL and Injury to Accelerators	Harris	10a
1/18/2024	Injury to Accelerators	Harris	10a
1/22/2024	Residency Monday Lecture Series	Deleandro	7am-9am
1/23/2024	Oblique/Core Injuries	Himmerick	10a
1/25/2023	UEAF Collaborative Talk Former Fellow Roundtable		1p EST
1/29/2024	Residency Monday Lecture Series	Hock	7am-9am
1/30/2024	Season Prep/Preseason Screens/Guardians Protocols	Himmerick	10a
2/6/2024	Wrist/Hand/Acute On Field Management	Heller	10a
2/13/2024	Pitching Mechanics and Rehab	Hock/Fellow	830am
2/19/2023	Quarterly meeting - patient case review	Dr. Moore	730am-9a
2/20/2024	Orthobiologics and Injections	Dr. Krill + Fellow	830am
3/5/2024	Application and Interview Meeting		
3/12/2024	Throwing Video Analysis		
3/19/2024	***OPEN***		
3/26/2024	***OPEN***		
4/2/2024	Spring training recap		
4/9/2024	Driveline		10am-11 am
4/10/2024	Armored Heat Arm Care program		1pm-2pm
4/16/2024	Volleyball	Hubbell	
4/23/2024	Throwing Protocol updates		
4/30/2024	Case presentation	Fellow	
5/6/2023	Quarterly meeting - patient case review	Dr. Moore	730am-9a
5/7/2024	Hip	Depp	830am
5/14/2024	Return to lifting post UE surgery/bridging PT and S&C	Marcin	
5/21/2024	Softball	Konkle	
5/28/2024	Case presentation	Fellow	
6/4/2024	Throwing Protocol updates		
6/11/2024	Hand surgery in OH Athletes	Dr. Awan	
6/18/2024	Swimmers shoulder	Anna and Alyssa	
6/25/2024	Case presentation	Fellow	
7/2/2024	Weight training for OSU baseball	Dean Hansen	
7/9/2024	Throwing Protocol updates		
7/16/2024	Gymnast shoulder	Short	830-10am
7/23/2024	Strength and Conditioning		
7/30/2024	Case presentation	Fellow	
8/5/2023	Quarterly meeting - patient case review	Dr. Moore	730am-9a
8/6/2024	OH Athlete spine		
8/13/2024	Golf		
8/20/2024	Mock interviews		
8/27/2024	Case presentation	Fellow	
9/3/2024	Resume Review		