Ambulatory Rehabilitation

Outpatient Care New Albany  
6100 North Hamilton Rd, Suite 1F

Westerville, OH, 43081

wexnermedical.osu.edu

**Geriatric Physical Therapy Residency Program General Information**

Residents will rotate through 3 different clinical settings in the following order: outpatient rehabilitation, acute care, and home health. During the 12-month program, the resident will be exposed to a wide variety of geriatric diagnoses spanning all systems and will learn to provide expert care for all older adults, aged 65 and older.

Time will be split between the following, on average:

1. **Clinic Time** – 30 hours per week (27 non-mentored practice, 3+ hours mentored)
2. **Teaching** – 6 hours per week during fall semester and 3-6 hours during spring semester
3. **Case Conferences/Didactic/Leadership Curriculum** – 3-4 hours per month
4. **Specialty Clinic Observations** – 4 hours per month
5. **Research** – 0.5 hour per week
6. **Clinic Time**: Residents will spend **30 hours per week** (1500+ total) in the clinical setting seeing patients. During this time, **3 hours** will be one-on-one mentored time (150+ mentored).
7. **Teaching**: The resident will be a teaching assistant for the Neurologic and Geriatric Rehabilitation Laboratories within the DPT program at The Ohio State University during fall semester (August – December) and for portions of the Therapeutic Progressions and Integration and Reintegration Laboratories courses during Spring semester (January – April). This will average **3-6 hours per week**.
8. **Case Conferences/Didactic/Leadership Curriculum**: Residents will attend **3-4 hours per month** of additional learning experiences. These could be residency case conferences, one-on-one didactic learning modules and/or inter-residency leadership curricula. Tuition is free for these learning experiences. Residents may wish to take a continuing education course as part of their didactic learning, which will be encouraged as appropriate. The medical center offers a wide range of continuing education courses for their employees, which are available to the resident as well. Additionally, residents will attend APTA’s Combined Sections Meeting with travel and lodging as covered expenses.
9. **Specialty Clinic Observations** – Residents will coordinate and attend specialty rotations/clinics, as appropriate to their current clinical setting. These may include movement disorders clinics, Parkinson’s exercise classes, assistive technology/Wheelchair seating, chronic pain, pelvic floor, Geriatric primary care, Falls clinic, bone health programming, inpatient rehab observation, surgery observations, frailty team observations, CARE clinic, community outreach and home safety assessments. These observations can be tailored to each resident’s specific interests and average **~4 hours per month**.
10. **Research**: In addition to self-led literature searches and utilization of evidence for best practice, the resident will complete a case study on a patient they treated during their time in outpatient rehabilitation. Residents are encouraged to spend time in the research labs of faculty who conduct clinical research within our facilities. Resident’s will work on research activities an average of **0.5 hour per week** (25 total).

**Throughout the residency**, each resident will:

* Complete a case study that will be prepared for possible publication or formal presentation.
* Pass a minimum of 3 live patient examinations and treatments.
* Maintain documentation of all residency requirements on a regular basis. This information will be reported out at monthly meetings.

**Residency Program Leadership**

**Director of OSUWMC Rehab Residency and Fellowship Programs:**

**John Dewitt, PT, DPT, SCS, ATC** – Director of fall OSU rehabilitation residency and fellowship programs

**Geriatric PT Residency Directors:**

**Jess Donovan, PT, DPT, MPH, GCS** – Program Director

**Deb Kegelmeyer, PT, MS, DPT** – Education and Research Director

**Home Health Clinical Partner:**

**Rachel Botkin, PT** – Owner, President of Botkin Rehab Services, LLC

<https://www.botkinrehabservices.com/>

**Mentors:**

Clinicians in each setting have been designated as clinical mentor(s) for that setting. These clinicians are individuals who have demonstrated excellence in clinical practice, who strive to maintain evidence-based and current practice, and who have at least 2 years of experience. We have various specialty certifications represented throughout our faculty, including but not limited to, geriatrics, neurologic, and orthopedic as well as mentors who have completed residency programs themselves.