

FALL 2019 THE OHIO STATE UNIVERSITY PHYSICAL THERAPY NEW RESIDENTS AND FELLOWS IN TRAINING

Neuro

Aryelle Murray, PT, DPT

Aryelle grew up in South Bend, Indiana and received her Bachelor of Science in Health and Kinesiology from Purdue University in 2016. She then attended The Krannert School of Physical Therapy (KSPT) at the University of Indianapolis to receive her Doctorate of Physical Therapy in 2019. During her time as a DPT student, she served as a Core Ambassador for the Indiana APTA, a Teaching Assistant for her program, and the KSPT chair for the IU Student Outreach Clinic, a multidisciplinary student led pro-bono clinic. One of her greatest joys during PT school was collaborating with students across several disciplines to provide medical services on Saturday mornings for the underserved Indianapolis community while advocating the importance of physical therapy. Through her two neurologic-focused clinical rotations and DPT curriculum, Aryelle developed an immense passion for treating patients with various neurologic disorders. She has taken a special interest in treating patients with brain injury across the rehabilitation spectrum and has worked to obtain her provisional Certified Brain Injury Specialty (pCBIS) while completing PT school. Outside of work, Aryelle enjoys traveling, hiking, cooking, spending time with her dog, Presley, and cheering on her Boilermakers! Aryelle is looking forward to advancing her love of neurologic PT and growing as a clinician through the Ohio State Neurologic Residency.

Dori Walterhouse

Dori grew up in northern Indiana and earned bachelor's degrees in Biology and Humanities from Bethel College in Mishawaka, IN. She spent four years after college working as an emergency department scribe and teaching English in South Korea before discovering a passion for physical therapy. Dori attended The Ohio State University for her Doctorate of Physical Therapy, specializing in Global Health. While earning her DPT, Dori was involved as a teaching assistant for first and second year courses, worked as a caregiver to an individual with a history of stroke, and helped coordinate fitness activities for participants at Goodwill Columbus. Early in PT school, Dori developed a particular interest in neurologic PT, which was affirmed during clinical experiences across the continuum, including a rotation at Dodd Rehabilitation Hospital and a practicum on neurodegenerative conditions at the Martha Morehouse outpatient clinic. Dori is enthusiastic about working with a wide range of neurologic diagnoses, and is looking forward to the Ohio State neurologic residency as an opportunity to deepen her knowledge and skill in this area. In her free time, Dori enjoys reading, doing projects that involve working with her hands, traveling with her husband, and cooking foods from around the world.

OMPT

Nina Kelly, PT, DPT

Nina was raised in North Carolina, where she also attended University of North Carolina at Chapel Hill and earned a double major in Exercise Science and Psychology (2014). Nina attended graduate school at The University of Miami, earning a Doctor of Physical Therapy (DPT) degree in 2018. During PT school, she was a co-chair for the Marquette challenge winning honorable mention and raising nearly 30,000 dollars for physical therapy research. Nina was heavily involved in research throughout PT school, presenting three posters at CSM in two years. She compared the effect of foam rolling to static stretching on Hip Adduction Range of Motion, and explored the uses for iPhone applications as a replacement for goniometric measurement in all three planes of motion. Outside of the profession, Nina enjoys acroyoga, gymnastics, barbell sports and pretty much any outdoor adventures. Nina is a '19 graduate of Ohio State's Orthopaedic Residency Program.

Orthopaedic

Elizabeth Arnold, PT, DPT, CSCS

Liz is a Cincinnati native who attended Emory University and earned a degree in Neuroscience and Behavioral Biology while competing on the Division III women's soccer team. She received her Doctor of Physical Therapy degree at Duke University in 2019. While at Duke, Liz was involved in assistant teaching in anatomy, research on the impact of timing of physical therapy for low back pain on health services utilization, and in volunteering for A Helping Hand, where she was a companion to a low-income senior citizen with limited social support. Liz's clinical interests include working with athletes of all ages and psychologically-informed physical therapy. Outside of the clinic, Liz enjoys strength training, rock climbing, pickle ball and alpine skiing. She is looking forward to improving her clinical orthopedic skills as part of the Ohio State Orthopedic Physical Therapy Residency program.

Nicholas Gulla, PT, DPT

Nick is joining The Ohio State University from his hometown of Philadelphia, PA. He earned his Doctor of Physical Therapy degree from Thomas Jefferson University, where he was a Pro Bono clinic manager and co-founder of their AAOMPT student special interest group. Prior to graduate school, Nick studied biology and played baseball at Elizabethtown College. Outside of the clinic you can find him participating in various recreational sports, playing music, traveling, and training for his next marathon. Nick ultimately wishes to further injury prevention and community wellness throughout his professional career as an Orthopedic Physical Therapist.

Lucas Zastrow, PT, DPT

Luke attended the University of Toledo for his undergraduate and graduate educations. He received a Bachelor's degree in Exercise Science in 2016 and Doctor of Physical Therapy degree in 2019. During physical therapy school, he served as a graduate assistant in his program as well as an academic tutor for undergraduate student athletes. Luke has also

been active in community service, including serving as a volunteer at his local community healthcare clinic. In his free time, Luke enjoys rock climbing, skiing and other adventure sport activities. He is excited and grateful to be a part of the Orthopaedic Physical Therapy Residency program where he will have the opportunity to combine his clinical interest of orthopaedics with the opportunity to educate future physical therapists. He is eager to becoming a new member of the Ohio State Sports Medicine Team and will be treating patients at the Stoneridge location.

Pediatrics

Lee Ann Magiera, PT, DPT

Lee Ann grew up in Kenai, Alaska and received her Bachelor of Science degree in Natural Sciences with a Pre-Health Professions concentration, along with minors in Biology and Psychology from the University of Alaska Anchorage in 2014. After graduation, she took a year and traveled the country and lived in San Antonio, TX working at a physical therapy clinic as a care coordinator. Lee Ann then attended Cleveland State University where she received her Doctorate of Physical Therapy, in December 2018. During PT school, Lee Ann was a graduate assistant, volunteered with the Go Baby Go! Project as well as a variety of other causes, and additionally performed research on experiential interprofessional collaboration for students of different healthcare professions. Lee Ann presented this topic with a poster displayed at Combined Sections Meeting in New Orleans, LA in 2018. Lee Ann's clinical interests include pediatric practice in outpatient and inpatient settings, specialty clinics and the NICU setting, where she was able to complete her final clinical rotation in the county hospital of Cleveland. Outside of work, Lee Ann enjoys playing the piano, painting, hiking, camping, fishing, rock climbing and basically doing anything outside! Lee Ann is looking forward to improving her skills in pediatric physical therapy as the Nationwide Children's Hospital Pediatric Physical Therapy resident.

Performing Arts

Amanda Edwards PT, DPT, OCS

Amanda is originally from Port Jefferson, NY where she began developing her interest in dance and physical therapy. She attended James Madison University where she received her Bachelor of Science in Kinesiology. She was awarded a Graduate Assistant position of Fitness and Nutrition through James Madison University's recreation center, which she completed while studying for her Master of Science in Kinesiology. She then graduated with her Doctorate in Physical Therapy from Marymount University in 2014. Since graduating with her DPT, she has worked at BSR Physical Therapy in Manahawkin, New Jersey and became board certified in orthopedics following her studies through Temple University orthopedic residency program. Her personal interest in ballet has expanded to her clinical interest in treatment of the dancer population. In her spare time, Amanda enjoys hiking, exercising, going to the beach, cooking vegan food, and spending all her time with her husband, 2 year-old daughter, and dog.

Sports

Eric Bengtson, PT, DPT, AT, MA, CSCS

Eric is a North Carolina native who most recently attended Belmont University in Nashville, Tennessee for his Physical Therapy education. Before returning to school, Eric worked as an Athletic Trainer at Appalachian State University in beautiful Boone, North Carolina where he managed the Owens Field House Athletic Training Room for Olympic sports, served as the Founding Director of the Performing Arts Medicine program, and taught classes in the Athletic Training Education Program. He previously completed his Master's degree in Athletic Training at the University of North Carolina at Chapel Hill and worked as an Assistant Professor of Athletic Training at Lynchburg University. Through his career, Eric has been on the medical staff for three NCAA National Championship teams and twice won the "Athletic Trainer of the Year" award for Appalachian State University. Eric lives in Dublin with his wife, Rachel, and their dog, Franklin Dogano Roosevelt.

Dominic Ilardi, PT, DPT

Dominic grew up in Arizona and in 2007 enlisted in the United States Marine Corps. Over the course of his enlistment he obtained the rank of Sergeant and a first-degree black belt in the Marine Corps Martial Arts Program (MCMAP). After honorably discharging in 2012, he found that his own injuries and military experiences sparked an interest in healthcare. He then attended Arizona State University, graduating in 2015 with a Bachelor of Science in Kinesiology with a business minor. Dominic then made the move to Omaha, Nebraska to attend Creighton University for his Doctor of Physical Therapy degree. While at Creighton he worked with athletes from youth sports, D1 colleges, adaptive athletes, and even professionals. He also conducted research on ACL rehab and return to sport protocols with presentations at national and regional conferences. His clinical interests include optimizing performance, injury prevention, the treatment of traditional and tactical athletes (military, police, fire, first responders), and return to sport/duty.

Ryan Johnson, PT, DPT, CSCS

Ryan was born and raised in Milwaukee, Wisconsin and attended the University of Wisconsin - Madison where he graduated with a Bachelor of Science degree in Biology in 2016. Afterward, he received his Doctor of Physical Therapy degree at the University of Iowa in 2018. While at UI, he was elected to the class executive board and participated in clinical research involving individuals with spinal cord injuries. He solidified a passion for outpatient orthopedics/sports during his clinical internships, notably one with the Cleveland Indians in Goodyear, AZ where he assisted with the rehabilitation of athletes from all levels within the organization. While in school, he also studied and became a Certified Strength and Conditioning Specialist (CSCS). His clinical interests include injury prevention as well as knee and shoulder rehabilitation.

UE Athlete

Johnny Passarelli MPT SCS

Originally from Kenosha, WI, attended and played Collegiate Baseball in Missouri, transferred to Marquette University to receive a BS in Human Biology and MS in Physical Therapy. Johnny has been practicing for 21 years and in that time has seen many changes in the profession. He began his career in outpatient orthopedics working in the private practice setting in Kenosha WI. He developed a collaborative sports medicine team at two local colleges working along with a team physician and athletic trainer. He was the team Physical Therapist for the Kenosha Kingfish Northwoods league baseball team and fostered many partnerships with local youth club sport teams providing injury screens, game coverage and injury prevention seminars. Prior to moving to Ohio, he owned and operated private outpatient orthopedic clinics in southeastern Wisconsin. A desire to shift his focus from business/management to education, patient care and professional growth led him to Ohio State. Johnny is married with 3 children, 2 boys and a girl ages 16, 4 and 2. Outside of work, Johnny enjoys time with his family doing various outdoor activities and sports. He obtained his board certification in sports physical therapy in 2015.

Women's Health

Maria Kapral, PT, DPT

Maria grew up in Virginia Beach, Virginia, though moved to Florida and throughout the Tidewater region due to her father's job in the Navy. She received her Bachelor of Science in Kinesiology and Health Sciences and Minor in Psychology from The College of William and Mary in 2016 and her Doctor of Physical Therapy from Creighton University School of Pharmacy and Health Professions in 2019. She worked as a Physical Therapy Tutor during her time at Creighton, assisting for Skills Labs, Anatomy, Exercise Physiology, Cardiopulmonary, Biomechanics, and Neuroscience. She also assisted with leading DPT students in their skills lab and curricular experience with Juvenile Arthritis. She received her Level 1 certification in Pelvic Floor Physical Therapy while in her DPT curriculum and spent 16 weeks in a specific Pelvic Floor and Cancer Rehabilitation facility during clinical experiences. Outside work, she enjoys spending time with family and friends, walking with her dog, Heidi, who unfortunately is staying with her parents in San Diego, baking, and watching movies. Her specific clinical interests include cancer-related pelvic floor concerns and pelvic pain. She is excited to begin a new experience in Columbus and to continue to grow as a young professional through the Ohio State Women's Health Residency.