



The School of Health and Rehabilitation Sciences

Coordinated Undergraduate Program in Medical Dietetics

Medical Dietetics was the first program in the country to provide a coordinated program in dietetics, which combines the didactic instruction with the clinical experiences needed to become a registered dietitian. The program is housed within the School of Health and Rehabilitation Sciences (SHRS) in The Ohio State University College of Medicine. The School is nationally recognized as a leader in practice-based health care education. For more than five decades, the School has prepared students to achieve personal and professional excellence, as they pursue an exciting career in healthcare.

PROGRAM OVERVIEW

Registered Dietitians are nutrition experts that are trained to assess nutritional status and provide medical nutrition therapy for fitness, health, wellness and the treatment of diseases. Registered Dietitians are prepared to manage nutrition therapy of patients, to assist in administration of food service systems in hospitals and other health care settings, and to provide nutrition services in community settings. The Medical Dietetics program is fully accredited by the Commission on Accreditation Council for Nutrition and Dietetics Education of The Academy of Nutrition and Dietetics. The curriculum includes all didactic knowledge and practice skills required to sit for the national registration examination to become a registered dietitian. This credential is also required to obtain a license to practice in Ohio.

ADMISSION & APPLICATION PROCEDURES

Applicants must meet the following minimum requirements and submit requested materials to be considered for admission. The application deadline for admittance for **AUTUMN 2020** is **January 31, 2020**. This is will be the final admissions cycle for the undergraduate program, for completion of the program by Spring 2023. **The undergraduate program will close in the Spring 2023.**

1. An electronic application is available online pgradmissions.osu.edu which must be completed and submitted with all required supplemental documents, if applicable.
2. A minimum 2.50 cumulative GPA is required in all coursework taken at all accredited institutions. All post-secondary coursework is considered. A holistic admissions process is also included, with additional factors beyond coursework factored into the admissions decision. Although a 2.5 GPA is the minimum, the average GPA is higher.
3. Completion of all prerequisite courses or their equivalents with a **C- or higher prior to beginning professional coursework.**
4. A personal interview may be required of competitive applicants. Knowledge of the profession and personal career goals will be evaluated at this time.

DEGREE REQUIREMENTS

The minimum of number credit hours to graduate from The Ohio State University is 120 semester hours. The Medical Dietetics program requires a minimum of 142* hours, barring special circumstances. This includes all general graduation requirements, general education curriculum, program prerequisites, and professional curriculum. Remedial, conditional, and repeated coursework do not count towards the minimum hours. **number does not include survey*

GENERAL EDUCATION (18 SEMESTER HOURS THAT DO NOT DOUBLE COUNT AS PREREQUISITE OR PROFESSIONAL COURSES)

SHRS students must complete all General Education (GE) requirements before graduating from the University. Some of these requirements overlap with program prerequisites or professional curriculum courses. The required coursework is listed below:

Students are encouraged to double count the global and social diversity GE requirements with other GEs.

Writing (6 hours)	Math (4-5 hours)	Art (3 hours)	Historical Study or Culture & Ideas (3 hours)
Data Analysis (3 hours)	Literature (3 hours)	Science (10 hours)	Social Diversity in the US (0-3 hours)
Social Science (6 hours)	Global Studies (0-6 hours)	Historical Study (3 hours)	Open Options (6 hours)

PROGRAM PREREQUISITES (56-58 CREDIT HOURS INCLUDING COURSES THAT DOUBLE COUNT AS GE COURSES GE AND PROGRAM COURSES**)

Students who wish to apply to the Medical Dietetics program must have completed all of the program prerequisite courses or their equivalent with a **C- or higher prior to beginning professional coursework.**

Please note that Math 1148 cannot be taken concurrently with Chemistry 1210.

Program Prerequisites or Equivalents (MUST BE COMPLETED PRIOR TO BEGINNING PROFESSIONAL COURSEWORK)

Math 1148 or higher GE	Biology 1113 GE	English 1110.01 GE	Medical Dietetics 1100*
Chemistry 1210 GE	Chemistry 1220 GE	Psychology 1100 GE	Medical Dietetics 3100
Human Physiology (EEOB) 2520 GE	Statistics 1350 or 1450 GE	Anatomy 2300.04 GE	Medical Dietetics 4500
HTRHSC 2500	Microbiology 4000.01	Human Nutrition 2310	

***Optional but recommended**

Biochemistry Options:

1. Biological Chemistry & Pharmacology (Bio Pharm) 3311 and 3312 OR
2. Biochemistry 2210 and Chemistry 2310

PROFESSIONAL CURRICULUM (68 SEMESTER HOURS)

The professional curriculum is completed in sequence and there is *no provision for part-time or evening-only enrollment*. The curriculum includes all knowledge and practical skills required for professional credentialing. The program includes a minimum of 1200 hours of supervised practice in acute care, long term care, and in the community agencies. Students must have transportation and may have to drive significant distances for supervised practice.

SUGGESTED SCHEDULING PLAN

The following plan demonstrates how students may complete the Medical Dietetics program in nine semesters including one summer term. There is not much flexibility in when a student may take courses. It is assumed that students following this plan who are admitted to the program will begin professional coursework autumn semester of year three.

Schedule is based on a traditional 4 year course of study. Course offerings are a tentative plan and subject to change.

	YEAR 1	YEAR 2	YEAR 3	YEAR 4
Autumn	HTRHSC 1100 (1) Freshman Survey Math 1150* (5) College Algebra Chemistry 1210 (5) General Chemistry 1 Psychology 1100 (3) Intro to Psychology GE (3) Total (17)	Anatomy 2300.04 (4) Human Anatomy BioPharm 3311** (3) Biochemistry/Organic Chemistry Human Nutrition 2310 (3) Introduction to Nutrition HTRHSC 2500 (3) Medical Terminology GE (3) Total (16)	BEGIN PROFESSIONAL COURSEWORK Medical Dietetics 4910 (3) Nutrition Care Process I Medical Dietetics 4911 (3) Nutrition Care Process II Medical Dietetics 4912 (2) Nutrition Care Process III Medical Dietetics 4900 (3) Nutrition Assessment Human Nutrition 2314 (3) Fundamentals of Food Human Nutrition 3506 (3) Nutrition in the Life Cycle Total (17)	Medical Dietetics 5289 (9) Dietetics Professional Practice II 32 hrs per week HTRHSC 5300 (3) Healthcare Management and Human Resources (online) Medical Dietetics 5800 (3) Advanced Nutrition. Therapy in Complex Disease States GE (3) Total (18)
Spring	Chemistry 1220 (5) General Chemistry 2 English 1110.01 (3) English Biology 1113 (4) Biology Stat 1350 or 1450 (3) Intro to Statistics Medical Dietetics 1100 (1) <i>Optional</i> Total (15-16)	Microbiology 4000 (4) Microbiology Medical Dietetics 3100 (3) Advanced Nutrition and Metabolism BioPharm 3312** (3) Biochemistry/Organic Chemistry EEOB 2520 (3) Human Physiology Medical Dietetics 4500 (3) Community Nutrition Total (16)	Medical Dietetics 4923 (3) Nutrition Care Process IV Medical Dietetics 4924 (3) Nutrition Care Process V Medical Dietetics 4925 (2) Nutrition Care Process VI HTRHSC 5900 (3) Research (online) Medical Dietetics 4700 (1) Research in Dietetics Medical Dietetics 4200 (3) Medical Dietetics Management Total (15)	Medical Dietetics 5389 (9) Dietetics Professional Practice III 32 hrs per week Medical Dietetics 5850 (3) Advanced. Management and Current Topics GE (3) Total (15)
Summer	<i>*Although MATH 1148 is required, a math placement score of "M" or "L" would result in placement in MATH 1150 & permit CHEM 1210 to be taken in Autumn.</i>	<i>** Students may choose to take Biochemistry 2210 & Chemistry 2310 in place of BioPharm 3311-3312.</i>	Medical Dietetics 5189 (9) Dietetics Professional Practice I 32 hrs per week 2 x GE (3) Total (15)	

***The program will give individual consideration in the admission assessment to courses taken and applicant experiences.

ADDITIONAL INFORMATION

It is strongly recommended that prospective students schedule an appointment with their pre-HRS advisor. If you are not a pre-HRS student, you must complete an online major information session prior to meeting with a pre-HRS advisor. Further information can be accessed [online](#) under the admissions tab. Prospective students such as baccalaureate degree-holders, transfer, international, or those that have time commitment issues such as student athletes and band members are strongly encouraged to meet with a pre-HRS advisor to discuss special circumstances which may apply.

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